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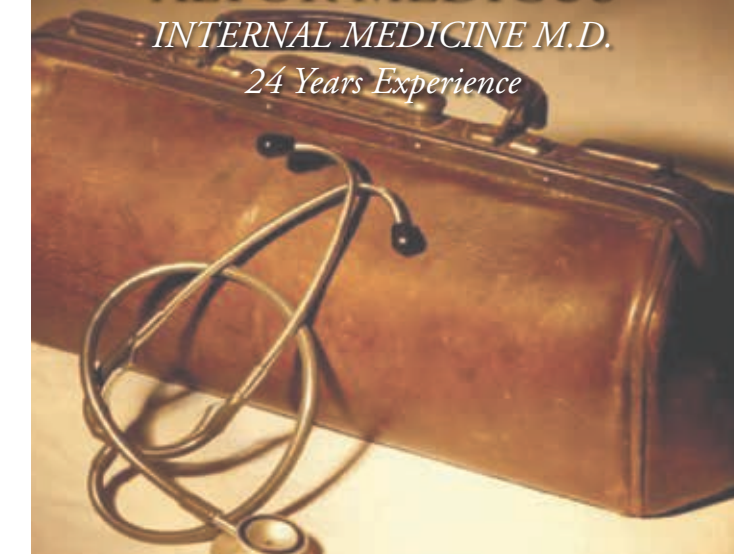


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The New Children's Museum Announces

“a Night in California”

Known for its innovative and out-of-the-ordinary events, The New Children's Museum announces this year's much anticipated annual benefit **A Night in California**, promising a grown-up version of their art and experience-driven model, to be held October 14, 2016. The event draws its inspiration from the Museum's **Eureka!** exhibition, which features commissioned art based on California themes: the desert and waterways, our “car culture” and (of course) the beach. The event will showcase the Museum's unique blend of creativity with food, drinks and music inspired by all our great state has come to represent.

“Everyone should have the opportunity to experience the same level of playfulness, innovation and fun that we foster at The New Children's Museum,” said eight-year board veteran and event chair Celeste Hilling. “Our mission supports creativity and imagination and our benefit events carry the same spirit. **A Night in California** will definitely be a night to remember.”

The evening, emceed by KUSI morning personality, Brad Perry, will begin with an opportunity for guests to explore the galleries and get hands-on with the Museum's installations. Exceptional California-inspired cuisine by The Wild Thyme Company will be stationed throughout the Museum, complementing the art and activities celebrating creative aspects of the California experience. Guests are encouraged to show their creativity and dress in what California means to them: from the Wild West to Old Hollywood, beach to beatnik and So-Cal hipster chic.

“The New Children's Museum plays a vital role in San Diego,” said Judy Forrester, Executive Director + CEO. “Proceeds from **A Night in California** will fund the Museum's exceptional variety of programs that foster creativity and critical thinking in children of all ages and abilities.”

The Museum will also recognize three exceptional San Diego leaders with the inaugural **Think-Play-Create** Awards, playing off the tagline that embodies the Museum's positioning and focus. The awards will recognize San Diego-based individuals with significant contributions in three categories: Art Educator, Innovator and Museum Supporter. After the awards, a limited number of one-of-a-kind experiences will be available for auction, followed by a **California Dance Party** in the beautiful Museum Park with live music.

A group of dedicated volunteers are working with the Museum to plan this year's event (photo attached). The committee includes: Chairs, Celeste and Ted Hilling, as well as numerous members that include Fairbanks Resident, Kelly Afsahi, and Fairbanks Living Sponsor, Dara Green of Seaside Staffing.

Tickets for the event start at \$275 (with premier tickets at \$500) <http://www.thinkplaycreate.org/night-in-california-benefit>. The event is being underwritten in part by Bank of America, Cox Communications, Dawson & Ozanne, ESET, Professional Maintenance Systems, Rady Children's Hospital, The San Diego Foundation, SDGE, Sharp Business Systems, Westcore Properties and US Bank. Partners include The Wild Thyme Catering Company, Raphael's Party Rentals, Media Arts, Neyenesch Printers, Southwest Airlines and Staglin Family Vineyard. Media sponsors include “Giving Back Magazine,” KPBS and “San Diego Magazine.”

About The New Children's Museum

The New Children's Museum is a new model of children's museum whose mission is to stimulate imagination, creativity and critical thinking in children and families through inventive and engaging experiences with contemporary art. Serving San Diego for 30 years, the Museum opened in 1983 in La Jolla as the Children's Museum/Museo de los Niños and reopened downtown in 2008. The Museum brings families together in a rich educational environment that fosters creativity — blending elements of children's museums and art museums. The Museum collaborates with contemporary artists on an ongoing basis, both for large-scale thematic exhibitions, individual installations and educational programs for children. The New Children's Museum is a non-profit institution funded by admissions, memberships and community support.



Dara B. Green, CEO/Founder



advertiser spotlight

Seaside Staffing Company started in 2004 as a boutique nanny agency called Seaside Nannies®, serving the San Diego community. Since then, Seaside has expanded to serve a variety of household staffing needs throughout Southern California. As an established, full service domestic staffing agency, Seaside Staffing's mission is to provide personalized service unlike that of any other agency in the area.

Dara B. Green , CEO/Founder

Originally from upstate New York, Dara has been working in the domestic arena for over 30 years. Her extensive hands-on experience within the field of service combined with her education and genuine compassion for others, has put her at the top of the domestic staffing field in Southern California.

Dara's insight into the service industry comes from her experiences waiting tables, working as a nanny, as well as teaching preschool (she holds a Bachelor of Arts in English Literature with a minor in Early Childhood Education). This range of experiences gives her unique insight into the needs of household management. When she was a teacher, she found that students' parents continuously recruited her to work with their children and oversee multiple facets of household duties.

Seeing that her opinion was valued and wanting to accommodate each family's unique needs, Dara opened Seaside Nannies as a resource for connecting families to other childcare providers.

While operating and expanding Seaside over the past many years, Dara's knowledge base has grown -- she has become California's go-to for successful staffing and recruiting in the entire domestic arena.

Fast forward to over a decade later and Seaside staffing company has been taking care of Southern California's households with all of their domestic staffing needs. Domestic services include placement of nannies, estate level housekeepers, chefs, house managers and personal assistants. Seaside's philosophy, personal approach and commitment to service, have led to thousands of successful placements in all facets of the domestic arena, establishing Seaside Staffing Company as the most reliable source for finding in-home care in Southern California. The Seaside team is known to go above and beyond industry standards with honesty and integrity as each candidate is a direct reflection of their core values. The professional matchmaking skills have made them experts in their field. Their offices in San Diego, Orange County and Los Angeles are always available for support before, during and after the process.

Seaside Staffing Company assists in creating harmonious households by helping connect the community with candidates of the highest caliber using a personalized approach. The key to successfully connecting families with their household staff is our discreet and extensive interview process for both clients and candidates.

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family spotlight

Kathy & Steve CHARLTON

Written By **Julie Feld**, Fairbanks Resident & Pacific Sotheby's International Realtor • Photographed By **Cori Nichols**

A friendly and fun-loving couple with just a touch of a British accent, Kathy and Steve Charlton are a true joy to be around! The two are clearly best friends, as well as spouses, and can often be seen out walking together through our neighborhood, sometimes with their young grandchildren --and a grand dog -- in tow.

Both from the United Kingdom, Kathy was raised in Hampshire and Steve is from Lincolnshire. After earning bachelors and doctorate degrees in mechanical engineering, Steve became a professor of engineering at the University of Bath. In 1993, Cummins Inc. recruited Steve to Columbus, Indiana, where he eventually became vice president and



chief technical officer of the engine business. Kathy worked as a hospital administrator in Columbus and then owned her own gift basket company -- making and delivering baskets containing gourmet foods, bath items, baby items ... whatever a client desired. She had a shop, but says most of her business was on-line. Kathy says she loved the business and loved her customers, including some big name clients like John Mellencamp and P. Diddy.

When Steve retired from Cummins in 2014, Steve and Kathy knew they could live anywhere. They chose the San Diego area for several reasons: "Our daughter lives in Rancho Bernardo, and we appreciate the climate, the proximity to international airports and the great health care," says Steve. "We would have liked low taxes and low property prices - but you can't have everything!" After purchasing their home on Circa Del Sur, the Charltons embarked on a solid year of renovations and remodeling. They also wasted no time getting involved in the community. Kathy is active in Las Damas de Fairbanks, and in the Alzheimer's Association. Steve is a member of the ECC committee. He has also collaborated on a number of ad hoc committees for the Fairbanks Ranch Association and is a member of the Fairbanks Ranch Community Services District. He gives time to the American Heart Association, as well. In addition to all this volunteer work, Steve still serves as a consultant and works roughly 25% time on a range of projects, including a local start-up developing some innovative technologies. Kathy takes Yoga classes in Del Mar, and is a very active genealogist - focusing on their family history. Kathy and Steve also spend as much time as possible with grandchildren.

The Charlton's daughter Rachel, lives in Rancho Bernardo with her husband, Ethan Alesi, and their children -- Frances, two, and George, one. Rachel works as an ER nurse at UCSD and Ethan is the nursing manager for the ICU unit at Scripps La Jolla, a 31-bed unit. The Charlton's son, Ainsley, is a graphic designer. He lives in the UK with his wife, Clare, and their children -- Ethan, 15, and Freya, 11. Steve and Kathy are thankful British Airlines has a direct flight from San Diego to London, so they can visit Ainsley and his family at least twice a year. Ainsley and his family also try to come here as often as possible.

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charity events
Photo By Dillon Matthew

Blood, & Sweat & Tears CONCERT

BENEFITS THE FOUNDATION FOR
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Fairbanks residents were recently in attendance, along with *Fairbanks Living* sponsors for the fourth annual Concert for the Kids, "Rockin' the Ranch," held at The Inn at Rancho Santa Fe. Hosted by Foundation for the Children of the Californias, this year the band Blood, Sweat & Tears performed, with proceeds going to support the development of a new onsite dental clinic at the Hospital Infantil de las Californias, a 56,000-square-foot pediatric complex that offers outpatient services in 25 specialties.

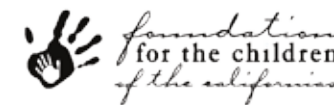
Funds raised will also support the hospital's "Programa de Apoyo a Pacientes Indigentes," a program for indigent patients, as well as foundation operations. Thanks to a match from Price Philanthropies, up to \$100,000 in funds raised will be doubled.

Title Sponsors included *Fairbanks Living* sponsor, Schubach Aviation, and it's Board of Directors includes Fairbanks resident, Hasty Pidgeon.

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Bo Bice fronting Blood Sweat & Tears



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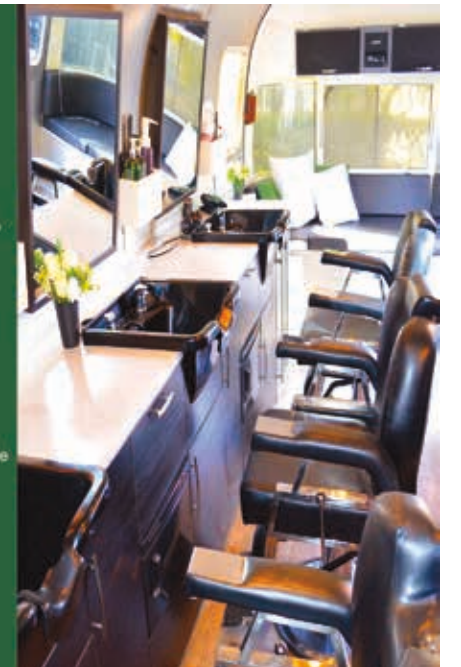
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Greta

part of the family

Written By **Renee Linder** · Photographed By **Cori Nichols**

Greta is eight Years old and was born in San Luis Obispo ... like me.

I found her when she was 10 days old and named her right away. I know you aren't supposed to choose a puppy until they are old enough for you to see their personality but it didn't matter to me ... it was love at first sight. Her eyes were still closed and she looked a lot like a hamster. She was dark brown except for a white heart on her chest.

Greta is very social and goes pretty much everywhere with us. She is not an overly active dog but I am, so she does things that are not characteristic of her breed. I have a life vest for her and I take her out on my paddle board with me. She walks up and down the board, much to the amusement of people and dolphins alike. I also



have a motorcycle rated carry pack for her that I put her in when I go bike riding. She and I have ridden up and down most every street on the North side of Fairbanks. We've even been stopped by curious residents to catch photos of her ... She looks like Yoda on my back with her hair blowing in the wind ... it's quite a sight!

Is she spoiled, you ask. She is loved. If you believe in reincarnation, she must have been very very good in her last life ... she now has me to carry, bathe and feed her the best food available. She travels with us and sleeps in our bed. She is the furry heart of our family. Life is certainly better with Greta.



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Photographed
By Cori Nichols

Fairbanks Residents were in attendance recently at a VIP Kick-Off Soiree for the upcoming La Costa Film Festival. Held at the La Costa home of Fairbanks Living sponsor, Jolane Crawford of Schubach Aviation, along with her husband, Kevin Crawford, the event highlighted the events for the upcoming Festival, which will be held Oct. 13-16 in Carlsbad.

For more information: www.lacostafilmfestival.org.



Hosts Kevin & Jolane Crawford with Festival Founders, Ruby & Michael Callihan

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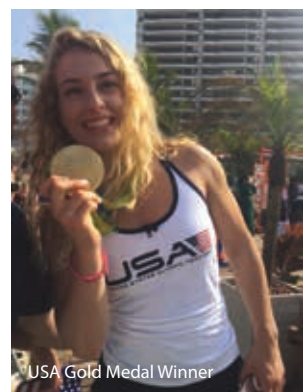
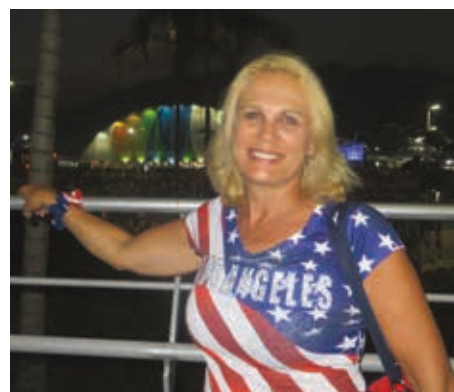
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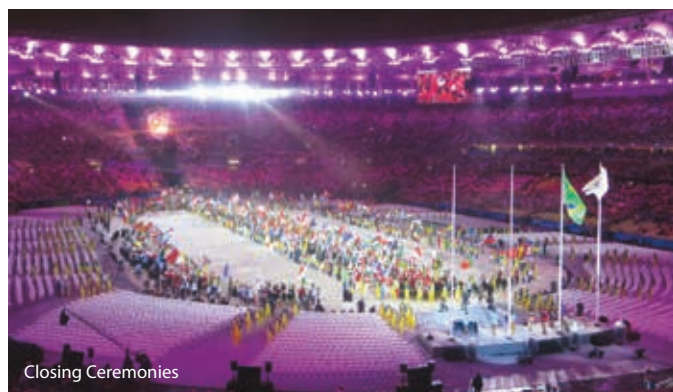


OLYMPICS ≥ RIO

Greta with Hoda Kotb (left), co-host of NBC's Today Show



USA Gold Medal Winner



Closing Ceremonies

Brazil got so much bad press before the Olympic Games this year, that I had decided not to go “home” to Rio. The New York Times in particular was adamant in predicting the event would be a disaster. I guess it helps sell papers. Sure, not all was peaches and cream -- political instability, petty crime, overburdened sanitation -- but the predictions of a debacle were drawn way out of proportion. The Games were a success and it’s a shame that the apocalyptic predictions apparently deterred many more tourists from going to watch the Olympics. Not me!

Once NBC started televising the Games, it all looked real and peaceful and beautiful and I thought to myself, I should be there, my home country!

On the spur of the moment I called friends in Rio to arrange a place to stay. Last-minute flights are usually expensive, but Expedia gave me a really good rate by combining different airlines. And event tickets were available online.

I arrived safely in Rio to find the federal army and police force everywhere protecting tourists and athletes. In fact, the only scary incident happened in route – in New York! My connection at JFK was at exactly

the time the whole airport shut down because of a false alarm over a possible terrorist attempt. Planes stayed on the ground with passengers trapped inside for hours until finally they let us depart. Later it was reported that the screaming people heard at the airport was simply from people cheering and watching the Olympics on TV. Really?

Once in Rio, my good friend Eliana picked me up at the airport. First thing I did was to eat an **empadinha de frango**, a delicious chicken empanada. I stayed at a penthouse in Ipanema, with a balcony that had views of the beach on one side and the big lagoon, **Lagoa Rodrigo de Freitas**, on the other. Many rowing events took place at the lagoon and in the morning -- I could see and hear them starting the races. To my right I could see Corcovado (Hunchback) topped by the famous Christ the Redeemer statue, lit up at night like a flying angel over the world’s most beautiful city.

I was able to go to the US men’s basketball semifinal game against Spain, which was close and much more exciting than the final, which was a blowout. The cheering was louder for Spain but many Brazilians were wearing US basketball player jerseys. I was wearing an American flag shirt and my cheering would often show up on the big screen, LOL.

I also had tickets for women’s volleyball and saw Serbia beat Russia. The Serbian athletes were amazing. They made it to the final where they lost to China, who was just too good. But that’s what gets the gold medal!

A very enjoyable event was the gala for gymnastics, where the best from all over the world perform in beautiful outfits. The Russian girls did an amazing dance, as did both the Chinese men and women. No Simone Biles, unfortunately.

And since I missed the opening ceremony (saw it on TV in the US), I made sure to go to the closing one, which in my opinion was much better produced. At the end it looked like **Carnaval!** Rio is, of course, famous for **Carnaval**, which takes place every February, the same celebration as Mardi Gras in New Orleans. The pouring rain stopped no one from doing the samba.

Both the opening and closing ceremonies were on a tight budget, but the Brazilians pulled it off with their typical panache. The fireworks were spectacular, with one even in the shape of a heart, the love from Brazil to all attending. And all the athletes obviously had so much fun parading in the closing ceremony ... in the end, it was one massive party.

At all these events, I felt extremely secure and protected. The police were everywhere, including subway stations and the beach. Eighty-five thousand military troops were brought in for extra security. And there were no major incidents, unless you count Ryan Lochte’s tempest in a teacup.

The Olympic Village and arenas were all new and beautifully built but as has happened before, the Olympics will cause a major debt for Rio. Unfortunately, a lot of foreign tourists were apparently scared away by the bad press and ticket prices were too high for your average Brazilian. So many of

the venues were not full. It also took some time for **Cariocas** (residents of Rio) to warm up to this worldwide event, but when they did, they started watching and following every sport ... and partying not only at the arenas but at the bars and restaurants. Brazilians do know how to party, let me tell you!

I had gone to the World Cup in Brazil two years earlier, so I decided to watch the Olympics final between Brazil and Germany from a crowded restaurant full of my countrymen and women. When Neymar scored the victory goal in the penalty shootout, it brought down the house. People were cheering and there were fireworks everywhere, for some small measure of rehabilitation after the humiliating defeat by Germany in 2014.

Brazil also won a gold medal in men’s volleyball, which prompted yet another citywide party the following day. Frankly, I think Brazilians needed these moments of joy, after all that is happening right now with the government and economy. It is a sad time for Brazil but the Olympics could distract and bring many moments of joy to the people.

Not only the Brazilian hosts, but many visiting Olympic committees from foreign countries — Austria, Denmark, Jamaica -- were gracious, setting up headquarters and parties almost every night at prime locations throughout the city. Guests would come by invitation only but the lines to get in were still sometimes two blocks long. Everyone likes a good time!

While most events took place in the Olympic Park out of town in Barra da Tijuca, the beach volleyball court was set up right in Copacabana beach. A very popular sport in Brazil, beach volleyball has brought gold medals to both Brazilians and Americans over the years. Also set up in Copacabana

were the international media. NBC set up its “Today” show in Leme, a beach area at one end of Copacabana, to interview American athletes and medalists, as well as present a bit of Brazilian culture to the world, including **capoeira** martial arts and **churrasco** barbecue from the South of Brazil where I am from, served with **caiparinhas**, the Brazilian national cocktail made up of **cachaça** liquor from distilled sugar cane with lemon, ice and some sugar. And there was always Brazilian music playing.

I got to see Hoda from the Today show, humming “The Girl from Ipanema.” When I started to sing it in Portuguese, she approached me with a big smile. She is a very gracious lady who took the time to take selfies with every single tourist in the front row. I met a few other celebrities that day, including Al Roker ... and just missed the chance to meet Ryan Seacrest, as his late shows were broadcast on the beach at 1 in the morning.

By the end of the Olympics, the world media had stopped bashing Brazil and began to congratulate my country for pulling it off against all odds and putting on a safe and fun Olympic Games. **Parabens**, congratulations, Brazil! And congratulations to all the American athletes who won by far the most medals at this fun, successful Olympics of 2016!

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RadyFoundation.org/CookingforKD



Owner, Brad Unnasch, with Brian & Wendy Campbell & trainers, Eric & Karen

9ROUND BOXING GYM

Written By **Wendy Campbell**, Fairbanks Resident

resident workout review

If you are seeking a new kind of fitness experience and high-intensity work out appealing for both men and women and for all fitness levels, check out 9Round (www.9Round.com), which was recently opened for business in February 2016 and conveniently located near Fairbanks Ranch in Torrey Highlands off the 56 and Camino del Sur.

After trying it with a friend, I was hooked and became a member a few months ago. When I first entered the studio, I knew it was not an ordinary gym because of its bold color palette of black and red, pictures on the wall of Ali and Rocky, assorted punching bags and other equipment arranged counter-clockwise around the room in nine stations.

If you do not already have gloves, you will be handed a set of loaner boxing gloves to complete nine three-minute stations of circuit training exercises and in between, 30-second blasts to keep your blood pumping while listening to upbeat hip hop, dance and pop music. For example, the first station could be a medicine ball and squats with other stations incorporating kickboxing, boxing (jabs, crosses and upper cuts), free weights, kettlebells and cardio techniques. In between, you could be doing jumping jacks, squat jumps or burpee combinations. At the end of the 30 minutes, you will feel a satisfied burn and glisten with sweat. If you are daring and still energetic, you

can even continue the circuit longer than the nine rounds of 30 minutes.

What makes 9Round different:

The circuit of exercises change daily to keep the workouts fresh and new

There are no fixed class times, so you can start your circuit anytime when you arrive

Personal trainer is available at all times to help you stay motivated and help with your technique and form

All fitness levels can do this, since the focus is to strive for your personal best

The 9Round program is an excellent complement to golf, tennis, running, swimming, barre, yoga and other traditional gym workouts



Lily Richard



Betsy Richard



Wendy & Brian Campbell



Patti Haller



9Round is continuing its promotion for Fairbanks residents, including a free workout session and a 10% discount for membership. 9Round San Diego Torrey Highlands 7875 Torrey Highlands Place, Suite B104, San Diego



Brian Campbell

The dedicated kick boxing focus is challenging for men and women. It is a fat-blasting workout that relieves stress while having fun with no fixed start times.

Recently, 9Round's friendly and personable owner, Brad Unnasch, graciously hosted a special afternoon session for Fairbanks residents and friends. Those that attended, including my husband, Brian, had a blast, since this was a workout that we could both do together at our own pace.

I decided to take this opportunity to ask owner Brad Unnasch more about himself & 9Round:

Why did you open the 9Round studio?

I was hooked on the 9Round workout the first time I tried it and knew I wanted to be part of it. I had an awesome workout that worked my entire body, with lots of cardio, and it was the fastest 30 minutes of my day! I loved it! Additionally, I am a former corporate executive from a very large health plan. I enjoyed being part of an organization whose mission was to help people but I was many organizational levels removed from the actual people I was helping. 9Round gives me the chance to directly help people improve their lives on a much more personal level.

Who are your current trainers and tell us a little about them?

We currently have two trainers but are looking to add a couple more as our business continues to grow. Eric is a certified per-

sonal trainer and has been training clients for 17 years. He is a tremendous athlete that has also taught boxing and is a former professional football player. Karen is a physical fitness enthusiast that has been a hard core exerciser for years. She has a rich background in boxing and martial arts and was the first trainer hired in Torrey Highlands/Carmel Valley.

What is the most satisfying and most challenging aspects about owning this franchise?

The most satisfying thing about owning this 9Round is seeing the sense of accomplishment members get at the end of each and every workout. The workouts are fun and challenging and very effective and the positive experience people have in the gym is priceless.

One of the most challenging aspects of owning a 9Round is finding the right people to work for the gym. We are not just looking for people who know how to box or train fitness techniques but we also want people that can motivate others, share a sense of passion for helping members better their lives and have a great time doing it. And, that is a rare combination of qualities.

Come in and meet Brad and the awesome trainers, Eric and Karen. I hope to see you there!

DISCLAIMER: The business reviewed in this section provided products and/or services free of charge in exchange for this review.

Wendy is a Fairbanks resident seeking new ways to stay healthy. For questions and comments, contact wmpcampbell@yahoo.com.



Carolyn L. Mein, D.C., FACACN, DIBAK
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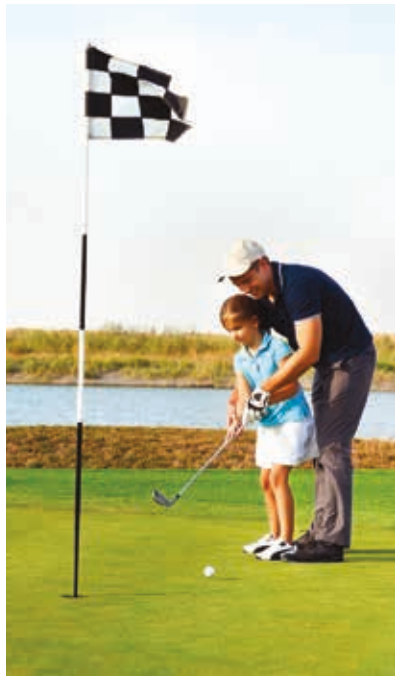
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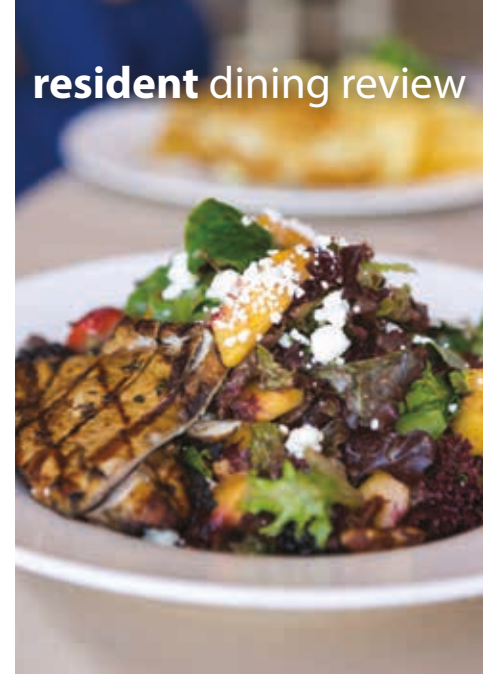
the Farms GOLF CLUB

Written By Jenn Lau, Fairbanks Resident · Photographed By Cori Nichols

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Jenn Lau, Fairbanks Living Publisher, Lori Fox, Julie Feld & Betsy Richard



resident dining review



fireplace or on the outdoor patio, the spectacular view can be appreciated from all seats in the clubhouse.

When first walking into the dining area, your eyes automatically gravitate towards the floor to ceiling windows and breathtaking scenery behind it. Chef Diane's culinary creations feature seasonal dishes on their daily menu. I highly recommend the Chipotle Corn Shrimp Salsa to start off. Don't let the name throw you off, it's a hot soup with a super 'little' kick of heat if you like spicy. To settle the heat, the



Niki Rushin

Summer Peach Salad of baby greens, grilled chicken, ripe peaches, strawberries, blackberries, goat cheese, spiced almonds all tossed in a vinaigrette was superb. This salad said summer all over it and was refreshing as it sounds. The Balsamic Chicken

Sandwich was also a favorite among fellow Fairbanks residents. Consisting of a juicy chicken breast, baby greens, basil, heirloom tomatoes, provolone cheese, and pesto aioli accompanied by a side of garlic fries, it was divine! Another pleasant surprise was the Ham and Avocado Melt made with crisp parmesan crusted sourdough encasing thinly sliced ham, avocado, tomatoes and melted pepper jack cheese alongside house made chips. It must have been a "melt" day, as a few of us eyed the Tuna Melt on the menu. To no surprise, it was fantastic, with just the right amount of albacore tuna and melted swiss on rye bread.

Not just serving lunch, the the clubhouse also offers an extensive



breakfast menu served every day, except Monday. Coming in from an early morning of golf or meeting up with family and friends for breakfast, you'll have a feast awaiting you ... from multiple choices of pancakes to burritos and skilletts.

The Farms popular Friday "Pub Night" dinners offers a family friendly menu for the little diners. Residents and members of the highly acclaimed community have the benefit of enjoying the beautiful setting of one of the top clubs in the country. Our fabulous lunch consisted of nothing less than an amazing view of the golf course, along with top notch service and amenities.



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Pumpkin Waffles

Written By Fairbanks Resident **Peggy Korody, RD,**
CLT · Photo By Fairbanks Resident **Doug Korody**



It's fall and everything is pumpkin! Pumpkin latte, pumpkin cornbread, pumpkin spice almonds, pumpkin cookies ... So to honor the pumpkin craze I'll be sharing a very easy pumpkin waffle recipe (I have been asked to share an "easy" recipe).

To start, I used the Heart Smart Bisquick mix. I don't usually like these types of products because they often contain trans fats, which are worse for you than saturated fats. But the Heart Smart version has no trans fat and I can live with the other ingredients.

Ingredients

- Bisquick Heart Smart pancake & baking mix.
- ½ can pumpkin puree
- 1 ½ teaspoons pumpkin pie spice

Directions:

Preheat your waffle iron.

In a bowl, follow the directions on the Bisquick box for waffles (this should make 12 4-inch waffles). Add ½ can of the pumpkin puree and the spice. Mix well.

Pour batter into center of hot, greased waffle iron. Bake about 5 minutes or until steaming stops.

Serving: I like to serve these waffles with chopped pecans and pure maple syrup.

FYI, if you misplace your copy of any of my recipes please note I always post them on my website (www.RD4Health.com) once the *Fairbanks Living* edition is available. Any questions, comments, or requests please let me know, email me at pkorody@RD4Health.com, I look forward to hearing from you

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Casa de Amparo is pleased to announce the 2016 Crystal Ball Gala Honorary Chair for 2016, Fluid Components International. FCI's partners include Nancy Peters, Doug McQueen, Melissa Marquardt, Jeff Deane, Dianne Lane and Dan McQueen, who has served as President and CEO of the company since 1995. This worldwide organization designs, manufactures and sells flow, level, temperature and pressure measurement instrumentation across more than 75 countries.

These community leaders have a strong history of being socially conscious and providing assistance to those less fortunate through promoting charitable events and supporting worthy local organizations. For the past five years the partners have run the Fluid Components International's annual golf tournament in which Casa de Amparo is the main benefactor. Tamara Fleck-Myers, Casa de Amparo's Executive Director stated, "We couldn't be more pleased to work with the partners from Fluid Components International as the honorary chair of our 2016 Crystal Ball Gala. In addition to the golf tournament, their commitment to helping those affected by child abuse and neglect is further demonstrated by their involvement with Come Home to Casa, an in-kind drive and fulfilling Casa Kids holiday wish lists."

Casa de Amparo's 18th Annual Crystal Ball Gala is the largest fundraiser of the year and it contributes substantially to their overall operating revenue. Since 1999, visionary Crystal Ball Gala patrons and community members have raised funds to help Casa Kids look into their own crystal ball and see a brighter future that is free from abuse and neglect. The black tie gala is highlighted by an elaborate cocktail reception, exquisite gourmet dinner by Jeffrey Strauss of Pamplemousse Grille, dancing to JP Hunten Music and a one-of-a-kind live auction. Again this year, the event will be held on Saturday, November 5, at the Del Mar Country Club in Rancho Santa Fe. Please visit www.casadeamparo.org/events for more information on the event or call Anna Leyrer at 760-566-3560.

ABOUT CASA DE AMPARO:

Established in 1978, Casa de Amparo (Home of Protection) is recognized as a leader in treating and preventing child abuse and ne-

glect in San Diego County and beyond, with locations in Oceanside and San Marcos. The non-profit organization annually serves over 1,000 Casa Kids, from prenatal to 25 years old, as well as 900 families, through integrated trauma-informed programs that promote healing, growth, and healthy relationships. These programs include Residential Services, Counseling Services, Family Visitation, Child Development Center, New Directions and Young Parent Network. Casa de Amparo is the San Diego Chargers Courage House, part of a national network of NFL teams and local charities dedicated to the prevention of child abuse.



PHOTOGRAPHY BY

Cori Nichols

Compiled By Lori Fox, Publisher Of Fairbanks Living

I often get comments from our residents about our gorgeous cover photos. Since Cori has been shooting our cover families (and various events) for over a year now, I wanted the residents to get to know her a little better:

Where did you grow up? Northern California, in Novato.

How long have you lived in the area? I moved to San Diego in 2003. Prior to that, we lived in Temecula, Los Angeles and the San Francisco Bay Area.

Tell us about your family: I have been married to my college sweetheart, Greg, for 20 years, have two sons -- Ashton (a sophomore at Rancho Bernardo High School) and Casey (a sixth grader at Bernardo Heights Middle School). We have two rescue pets -- Jax (dog) and Gia (cat).

Tell us about the events that led up to where you are now: I got my first camera as an elementary school promotion gift and immediately fell in love with photography. I was the photographer on my high school yearbook for two years and always loved the arts but felt it was important to get an education. I studied pre-law at UC Santa Barbara and worked in a variety of positions in corporate America after graduation. After losing my job in 2003, I focused my attention on raising my son and having another child in 2004. My children quickly became the inspiration for picking my camera back up.

What is your business, how/why did you start your business? After rediscovering my love of photography and realizing I was meant to be an entrepreneur, the concept for my photography business was made in 2009. Initially I photographed friends and utilized online resources and textbooks to hone the craft of photography. My business was

officially launched in 2010. Over the years I have grown to specialize in portraiture with a love for natural light photography. My specialty is working with individuals (women, families, children), business owners and high school seniors.

What is unique about your business? When potential clients come to me, they know that they want photographs taken but they don't often know what they want. I specialize in working with each client to create a concept for their session -- the more that is planned out in advance, the better the results. I coach them in what to wear and how to prepare for the session. Before the session, we have professional make-up applied and during the session, I guide my clients' natural poses to refine them for print so they will look their very best. When the session is over, I reveal portraits in person with professionally printed images. The clients are able to experience their photos with sight and touch. I offer printed materials for my clients -- prints or albums. It is important that my clients are able to physically leave with products at their reveal and can hang their images right when they get home. Photographs are about the experience and the resulting images that are meant to be seen, shared and physically passed on from generation to generation.

Given your business expertise and the nature of what you do, what advice can you offer to the residents? Within the past year, I have personally experienced

contributor spotlight



Photography By Cori Nichols
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the loss of two special people in my life. In one case, we had captured family portraits within eight months of my dad passing very quickly and in the other case it had been a year and a half since I had captured the family portraits of a dear friend whose husband passed away very suddenly at a young age. Life gets busy and sometimes we don't make the time to take our annual photos. It's so important to take the time to take photos with your family -- whether they are formal portraits or just photos on your cellphone. Capture those photos with your mother, your father, your son, your daughter, your spouse, your best friend. Long after they've spoken their last word to you, their photos will continue to tell their story.

What else should we know about you and your business? I started a Book Club seven years ago and have met some amazing authors along the way. Every other month my family volunteers to serve meals to the homeless of downtown San Diego through the Ladle Ministry. Although I work a lot of weekends and weeknights, I will very rarely miss my sons' sports or Boy Scout activities. I am involved with both my boys' activities through Board positions and volunteering. My business supports local youth by offering occasional, part-time work to high school students and supports local youth sports programs via donations back to the team or organization.

Be sure to schedule your own Holiday family photos before Cori's calendar fills up!



annual dreamkeepers membership APPRECIATION EVENT

RSVP by Wednesday, October 12th to: contact@dreamkeepersproject.org or 858.756.6993 to receive details and directions to the venue. There is no charge for this event -- please consider bringing a donation for the babies and toddlers at FRC.

DreamKeepers Project Inc.'s twelfth annual Membership Appreciation Event "Fall Flavors and Friends! A Morning of Coffee, Sweets and Good Friends" will take place on Monday, October 17, from 10 a.m. to noon at a spectacular private residence in Rancho Santa Fe.

The event will feature an exclusive cooking demonstration by Chef Rosa Geremia, Executive Sous Chef at Cucina Enoteca in Del Mar. Chef Rosa was exposed to Italian culinary traditions from a young age and has worked as a chef in England, Ireland and her native Germany.

There will also be exciting shopping with merchandise from favorite vendors featuring jewelry, clothing and artful items for the home.

And, of course, the Famous Opportunity Drawing for fabulous Gift Baskets will conclude the morning of fun.

DreamKeepers Project Inc. is a 501(c)(3) organization that supports the Family Recover Center in Oceanside, which assists women in breaking the cycle of substance abuse. The FRC

treats the needs of families through residential and outpatient treatment and continuing care. Their goals are to improve the well being of children while promoting family unification and to assist families to achieve economic and social self-sufficiency.

All are welcome to attend, please come and bring a friend!

There is no charge for this event -- please consider bringing a donation for the babies and toddlers at FRC.

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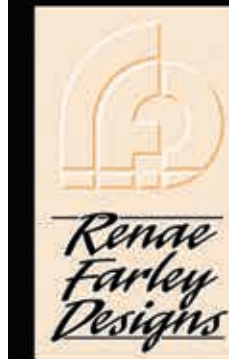


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Real Estate RESOURCE



Sales activity is picking up in Fairbanks Ranch! The 19 most recent pending and sold homes are listed below. As always, new or extensively updated homes command the highest prices. For more information or to learn the value of your property in today's market, call Julie Feld, 619-417-3638.

Address	Neighborhood	List Price	Sale Price	Sold Date	DOM	Beds	Baths	SqFt	Parking	Pending?
16253 Via Cazadero	Fairbanks Ranch	\$2,495,000		12/23/15	91	5	8	7,050	Attached	Yes
6296 Camino Del Pajaro	Fairbanks Ranch	\$2,595,000		07/28/16	57	5	7	6,515	Attached	Yes
16427 Avenida Cuesta Del Sol	Fairbanks Ranch	\$2,795,000		05/16/08	458	5	6	7,091	Attached	Yes
17332 Circa Del Norte	Fairbanks Ranch	\$3,300,000		02/16/08	90	6	8	8,248	Attached	Yes
16444 Avenida Cuesta Del Sol	Fairbanks Ranch	\$1,794,000	\$1,868,000	08/15/16	30	6	7	6,483	Attached	No
17270 Circa Del Norte	Fairbanks Ranch	\$1,995,000	\$1,890,000	03/23/16	37	4	5	4,300	Attached	No
17323 Circa Del Norte	Fairbanks Ranch	\$2,195,000	\$2,000,000	03/29/16	732	6	7	7,282	Attached	No
16745 Avenida Arroyo Pasajero	Fairbanks Ranch	\$2,250,000	\$1,950,000	04/18/16	85	5	5	6,300	Attached	No
6483 Calle Del Alcazar	Fairbanks Ranch	\$2,395,000	\$2,380,000	03/16/16	203	4	5	4,850	Attached	No
17984 Circa Oriente	Fairbanks Ranch	\$2,498,300	\$2,325,000	03/25/16	15	5	6	5,353	Attached	No
16631 Avenida Molino Viejo	Fairbanks Ranch	\$2,585,000	\$2,425,000	06/07/16	160	4	5	5,177	Attached	No
18051 Circa Oriente	Fairbanks Ranch	\$2,498,300	\$2,460,000	05/02/16	143	5	6	5,050	Attached	No
16750 Via De Los Rosales	Fairbanks Ranch	\$2,500,000	\$2,550,000	04/12/16	85	4	5	4,764	Attached	No
6176 Avenida Alteras	Fairbanks Ranch	\$2,728,000	\$2,400,000	05/17/16	31	6	6	6,021	Attached	No
17716 Circa Oriente	Fairbanks Ranch	\$2,950,000	\$2,700,000	02/19/16	63	6	7	9,608	Attached	No
6235 Camino del Pajaro	Fairbanks Ranch	\$2,995,000	\$2,600,000	05/04/16	81	5	7	8,760	Attached	No
16625 Via Lago Azul	Fairbanks Ranch	\$3,295,000	\$3,190,000	06/06/16	7	4	5	5,009	Attached	No
16946 Circa Del Sur	Fairbanks Ranch	\$3,980,000	\$380,000	07/03/16	170	5	7	8,421	Attached	Yes
16902 Via Cuesta Verde	Fairbanks Ranch	\$5,945,000	\$4,800,000	08/01/16	318	4	9	14,029	Attached	No



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